



**Proudly Supports The**  
**Catherine McAuley Center**  
*Transforming lives through education and housing*

## Information Packet for Teams

**As the saying goes, “The more, the merrier.”**

So get your friends and family together and start a team of five or more members for **the Movin’ for McAuley mall walk at Westdale Mall on March 13, 2010 starting at 10:00 am**. You’ll have a great time and raise funds for the Catherine McAuley Center’s Adult Basic Education Program and Transitional Housing Program. Anyone can participate, young and old – it will be a great time for all!

### Want to be a team captain?

A team captain’s job is to motivate and encourage others to join his or her team by promoting the Movin’ for McAuley Walk. Once the team is in place, you’ll get everything organized and serve as the key liaison between the team and the Mall Walk organizers from the Catherine McAuley Center.

### Getting your team registered:

- 1. Start a dialog:** Get the word out to your friends and family to promote the race and build your team.
- 2. Complete the Team Registration Form:** While each team member can fill out and complete an individual registration form, you can make registration easier for yourself (and us) by listing all of your team members on the team registration form (photo copy as necessary). Make sure the form has been completed entirely using the following guidelines:

<b>Entry Fees:</b>	<b>Before 2/26</b>	<b>After 2/26</b>
Children (0-3)	Free	Free
Youth (4-18)	\$10	\$15
College (19-22)	\$15	\$20
Adult	\$20	\$25

### T-Shirts:

T-shirts are available in *Child (S,M,L)* and *Adult (S,M,L, XL, 2X,3X)*.  
 2X shirts require an additional \$2 fee.  
 3X shirts require an additional \$3 fee.

- 3. Mail or drop off registration form(s) and fees/pledges:**  
 Mail or Drop Off at the Catherine McAuley Center, 866 4<sup>th</sup> Ave SE, Cedar Rapids, IA 52403-2423
- 4. Set a meeting time and location for your team:** Registration and check in is from 9:00 am to 9:45 am. As team captain, you should check in at the Team Captain’s Table. We will check you in and give you your entire team’s shirts. We kindly ask that only you and only those team members needed to help carry T-shirts report to the Team Captain’s Table.
- 5. Have fun:** There will be plenty of refreshments from Panera Bread, inflatable’s and games, entertainment, prizes and various community groups participating in our Family Expo.

### For More Information

Contact the Catherine McAuley Center at (319) 363-4993 or visit [www.cmc-cr.org](http://www.cmc-cr.org)

