



Transforming lives through education and housing.



The Project:

Remodel and transform the current limiting kitchen space to provide more opportunities for educational, collaborative, hands-on training.

A Recipe for Empowerment: CMC Kitchen Remodel Project

Can You Help?



Funding



Labor

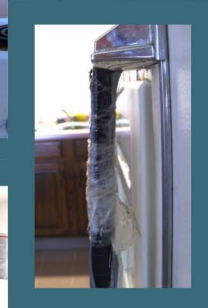
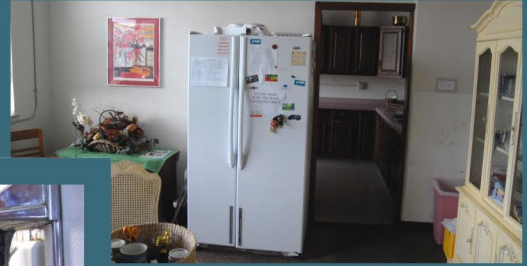


Supplies

Funding and donations secured through community partnerships will help us realize our dream to create a functional, classroom-style kitchen for the women.

The Transitional Housing Program

The Catherine McAuley Center (CMC) empowers women to improve their lives. Our Transitional Housing Program (THP) strives to help homeless women address the issues contributing to their homelessness in a safe, supportive environment that prepares them to establish and maintain permanent housing. The THP fights to break the cycle of poverty and nurture healing and recovery for survivors of trauma including victims of domestic violence. The program provides long-term, individualized case management and support services as the women confront substance abuse, seek treatment for mental health issues, learn the skills needed to find and maintain employment, develop healthy relationships, gain financial stability, employ healthy living skills, address their individual challenges and build positive self-esteem.



An Overview of the Project

Problem: Currently, the kitchen space only allows 2-3 women to utilize the space at any time and can only be entered through a narrow doorway. These confining conditions can be a trigger for survivors of violence.

Solution: Expand the doorway and place major appliances in a way that follows trauma informed best practices to create a safe and welcoming kitchen space.

Problem: Women in poverty are often isolated and lack access to community resources. The current space limits opportunities for hands-on educational programming and cooking demonstrations provided by interested community partners.

Solution: Expand the current kitchen by taking down a wall to create a space that accommodates 15+ women and facilitators for nutritional training and demonstrations.

Problem: The women lack a functional space to plan and prepare healthy meals. The current kitchen has outdated or broken appliances and cabinetry and limited workspace. It is not conducive to learning.

Solution: Create a large island and integrated kitchen space with updated appliances that is conducive to menu planning and healthy food and meal preparation.



We've Dreamed.

We've Planned.

And now...

Can You Help?

✓ Donate Labor

- Demolition
- Installation
- Training
- Teach a Cooking Class

✓ Donate Appliances

- 3 Cook tops
- Industrial Refrigerator
- Dishwasher
- Double Oven
- Microwave
- Ventilation Hood
- Pots/Pans
- Utensils
- Flatware/Dishes

✓ Donate Materials

- Cabinetry
- Tile
- Flooring
- Paint
- Backsplash
- Lighting

✓ Donate Funds

We Need Your Help.

As a 501c(3) nonprofit organization, we rely on grants and private donations to keep our programs running. Donations are tax deductible and help support the individualized, female-responsive care we provide.

To achieve our dream and build a better, more efficient and accommodating kitchen, we continue to rely on grants and community partners.

We are seeking help from our neighboring organizations, businesses, and partners in the form of donated labor, appliances, materials, or financial support.

In addition to your tax-deduction benefit, you will also join our family of supporters and partners who are committed to transforming lives in our community. We have plans to initiate an extensive public relations and communication campaign to celebrate our valued partners and beautiful new kitchen.

Please consider contributing to our project in some way. Every donation brings us one step closer to realizing our dream. Every partnership is another vital ingredient in the recipe for empowerment.

Thank you for your time.

Thank you for taking the time to learn about the Catherine McAuley Center Kitchen Remodel Project. We are excited to begin this next chapter in our tradition of providing quality, life-changing services that empower our clients to become their best.

We hope that you will join us.

If you have any questions, please do not hesitate to contact us or visit our website.

Catherine McAuley Center is a registered 501 (c)3 organization.
Your gifts are tax deductible as allowed by law.

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